

To: Ben & Ethyl With much Jove & Thanks. Eileen









Frieda Haber January 16, 1918 Archie Himmelstein



Aaron Haber March 27, 1920 Freda Schwartz



Katie Haber November 28, 1921 Eli Slobodkin



Irving Haber June 6, 1926 Inge Holt



Benjamin Haber January 17, 1928 Ethyl Zimering



Jeffrey Himmelstein March 14, 1941 Linda Levy



Laurence Himmelstein December 22, 1943 Virginia (Ginny) Singer



Barbara Haber January 19, 1952 Michel Regignano



Eileen Haber June 12, 1956 Marc Gottlieb



Francine Haber December 13, 1960 Richard Highbloom



Daran Haber January 13, 1960



Tori Haber July 19, 1963 Lee Peretzman



Carl Haber October 7, 1958 Beth McCov



Emily Haber July 10, 1962 Joshua Abrams



Jason Himmelstein September 2, 1969



Jamie Himmelstein June 3, 1971



Marc Regignano January 29, 1981



Joel Regignano January 6, 1986



Josh Gottlieb May 6, 1985

Eric Gottlieb

November 5, 1994



Daniel Gottlieb August 29, 1988

the Haber family tree



Melanie Highbloom December 10, 1991



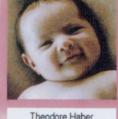




Marc Peretzman October 28, 1988

Marti Peretzman

October 9, 1991



Theodore Haber June 25, 1999



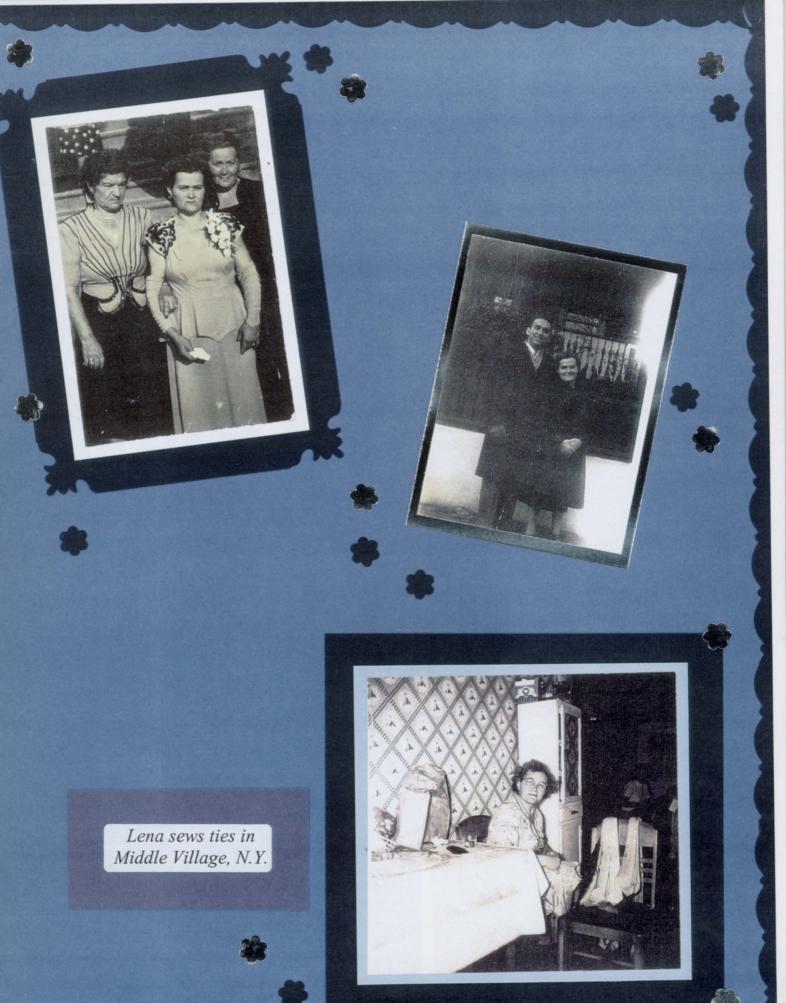
Matthew Haber March 9, 1993



Matthew Peretzman September 4, 1998



Isaac Haber September 11, 1998

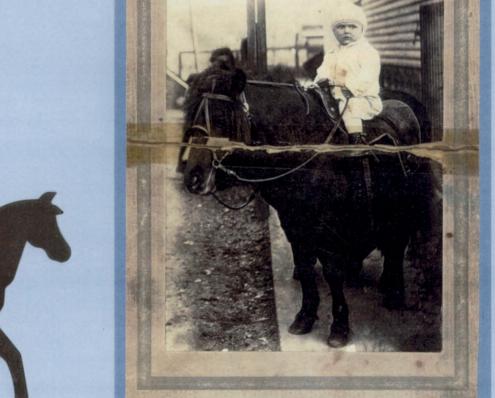


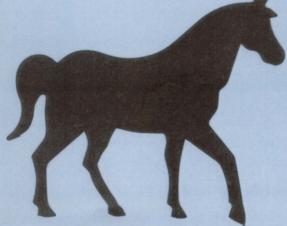
Lena and sister Ida Lena at Ben and Ethyl's - 1986

Benjamin Haber DOB: January 17, 1928

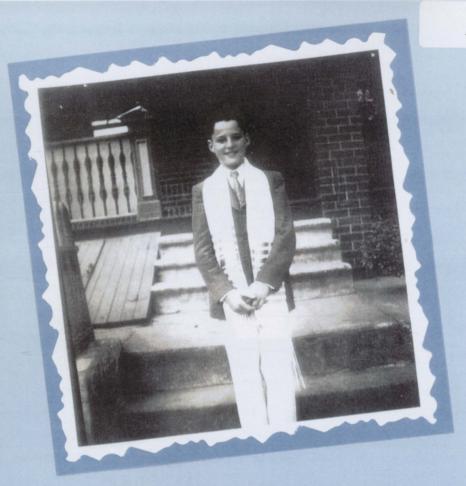


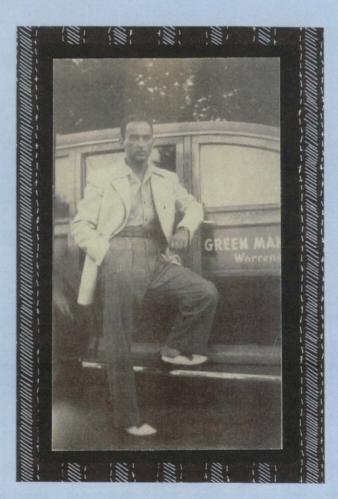
Aaron Haber DOB: 3-27-20



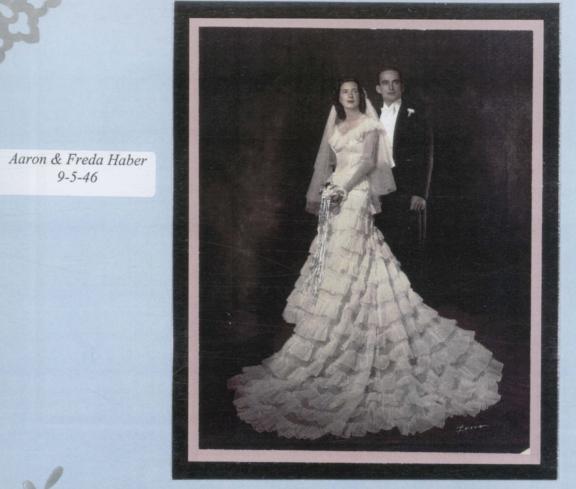


Ben Haber Bar Mitzvah





Aaron Haber



Ethyl & Ben Haber 12-15-56





Lena's Grandchildren

From Top Left:

Jeffrey, Barbara, Larry Francine, Eileen, Daran, Carl Emily & Tori

Love Bears all things



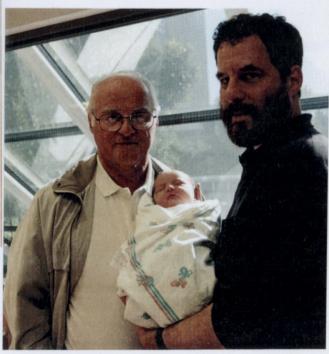
Marc Regignano's Bar Mitzvah 11-05-94

A Year of Simcha: -1999









Joel Regignano's Bar Mitzvah (3-13-99), Josh Gottlieb's Bar Mitzvah, (6-19-99) and the birth of the last member of our family in the 20th century, Theodore Joseph Haber 6-25-99



Lena and the Latka Factory!

Lena's Latkas were the best ever. Small, crispy, and delicious served with apple sauce or sour cream. She quickly whipped them up for every occasion. She fed large groups of people especially her children and grandchildren and often followed us around with her calls to come and eat which explains the title of our book "Ess Mein Kinder" or "Eat, My Children."

Bobba's Potato Latkas

Ingredients:

3 Potatoes

1 onion

3 eggs

1/2 cup matzo meal

1 tsp salt, dash pepper pinch baking powder

Directions:

1. Grate 3 potatoes, Drain

2. Grate 1 onion

Add 3 eggs

Add 1/2 cup matzo meal

Add 1 tsp salt, dash pepper

Add a pinch baking powder

(Bobba used the back of a spoon to measure)

Latka Eating Contest:



In a Latka Eating Contest Aaron won eating 18 of Bobba's famous Latkas.



CHOPPED LIVER

From: Ethyl Haber

2 onions (medium) or 1 large

1 lb chicken liver

4 saltines or other crackers

1 hard boiled egg

1 tsp. powder from package of Lipton's Onion Soup Mix.

Vegetable oil

Slice onions and steam in 1/2 cup water (covered pan) When soft, add washed chicken livers and cook in onion liquid mixture just until done. (don't overcook) Cool. Grind or processs livers, onions (without liquid), cracker egg, onion powder, Add enough oil to make liver spreadable.

FRIEDA'S CHICKEN GEFILTE FISH

1 1/4 pound chicken breast, raw, ground

2 onions

3 eggs

2 teaspoon salt

pepper

4 Tablespoons matzoh meal

1/4 cup ice water

Ingredients below to be added to pot first:

2 large onions

2 carrots

1 tablespoon salt

pepper

In large pot, add onions, carrots, salt and pepper, and about four cups water. Bring to a boil. In chopping bowl add all ingredients and chop until well mixed. Into boiling liquid drop heaping tablespoon of mixture. Cook for one hour. Remove from liquid when cooled.

LENAS CHICKEN SOUP

Ingredients:

1 whole chicken cut up with necks, back and feet 10 cups water

3 stalks celery 5 carrots cut in 2 inch pieces

1 - 2 onions - cut in half
Parsely (1 bunch)

dill (1 bunch)

Directions:

- 1. Bring chicken and water to boil, skim
- 2. Lower heat and cook slowly covered
- 3. Add carrot, cook 1/2 hour
- 3. Add the onion, celery, parsely, and dill
- 4. Cover partly and cook 1 to 1 1/2 hours or until chicken is tender.
- 5. Strain soup, save carrots and chicken meat.
- 6. Cool soup and refrigerate.
- 7. After several hours, remove fat.
- 8. Add can chicken broth (College Inn)
- 9. Add salt and pepper to taste.





EWISH PENICILLAN

ACORN SQUASH SOUP

From: Frieda Himmelstein

4 acorn squash (1 1/2 to 2 lbs each) halved and seeded 2 Tbsp butter or margerine 1 onion chopped 1 can chicken broth (14 1/2 oz) 1 can coffee rich or half and half 1/2 tsp. dried thyme ground balck pepper

Preheat oven to 350 degrees. Place squash cut side down, bake 30 minutes. Turn over and continue baking until tender. (20 min more)

When cool enough to handle scoop all pulp.

Puree pulp until smooth in food processor.

In large skillet, melt butter or margerine. Saute onion for 3 minutes. Stir in squash and chicken broth. Bring to boiling, simmer covered about 2 minutes. Stir in remaining ingredients (I add the coffee rich before serving)

AARON'S FRUIT SALAD STORY:

Francine participated in a program in which students from different states visited each other. Francine's guest came from Florida. I received a call from the school and was told that each parent was expected to bring food to the gathering. I was concerned because I was not a cook. I asked what they needed and was told that they could use a fruit salad. Well, I was quite relieved as I figured I could buy some at Kappy's Delicatessen. I hung up the phone and as I turned around I noticed that our guest had brought a big box of oranges and grapefruits from Florida. There was no way that Fran and I could eat all those fruits so I decided that I would make the salad. So, I bought a variety of melons and fruits, peeled and sliced the oranges and grapefruits and wound up with a heap of fruit that looked kind of dry. I did not know what liquid should be added, so I checked The Settlement Cookbook. There was a recipe in it that looked promising except that it was supposed to be spooned over individual portions. I decided that I would pour the liquid over the entire fruit salad Surprisingly it worked out fine. The next problem was how to get the salad to the auditorium and keep it cold. I solved that by putting ice cubes in an aluminum baking pan pan and putting the pan containing the salad on top. Well to my utter surprise, I received many compliments and everyone asked me for the recipe. The only sad note was that Fran got sick and could not attend the dinner so she missed her father's moment of glory.

AARON'S FAMOUS FRUIT SALAD

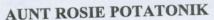
The fruit of your choice, cut into small pieces

1/2 sugar

1/3 cup Manishevitz white cream concord wine

2 teaspoons lemon juice

The above amount can be doubled or tripled depending on the amount of fruit used. If you find that you don not have enough sauce at the last minute, you may use some Ginger Ale. Serve cold.



From: Rosie Klein's Kitchen

3 cups flour, set aside 1/2 cup In large mixing bowl, Add flour (make a well) put into well 1 package yeast - 3/4 cup warm water - set aside

Grate 4 large potatoes. 1 large onion
Add to flour: potatoes, onion, 1/3 cup oil, 2 beaten eggs,
dash pepper, 1 Tbsp salt. Mix all together.
Cover bowl. Sprinkle 1/2 cup flour on top.
Stand until double size
Mix together
Grease a pan - oil it well
Bake at 400 until golden brown about 1 hour.



KATIE'S CHEESE LATKES

15 ounces Sorrento part skim Ricotta cheese

1/4 lb. Pot cheese or Farmer's cheese

½ cup shredded low fat mozzarella cheese

2 eggs beaten

1 cup skim milk

salt and pepper to taste

1 cup matzoh meal

Mix all ingredients together. Heat oil in frying pan. When hot, drop from spoon into hot oil. Turn once. When brown, remove and place on brown paper bag to drain.

NOODLE PUDDING:

From: Aunt Frieda

8 oz. medium noodles (par boil)

1/2 cup coffee rich

1/2 cup sugar

8 oz. crushed pineapple

1 tsp. vanilla

1 tsp salt

1 Tbsp cinnamon

raisins

Mix all ingredients.

Grease a 9 inch square pan. Top with corn flake crumbs

Bake at 350 degrees for 3/4 hour.

AUNT KATIE'S PASSOVER BAGELS

From: Katie Slobodkin

1/2 cup oil

1 1/2 cup water

1 tsp salt

1 tsp sugar

2 cups matzo meal

4 eggs

- 1. Place oil, water, salt, and sugar in a large saucepan.
- 3. Remove from heat. Add matzo meal all at once, beat until 2. Heat to full rolling boil
- 4. Add eggs, one at a time beating well after each addition. Let smooth and well blended.
- 5. Coat hands with oil, break off pieces of dough the size of an egg stand 15 minutes.
- and shape into bagels. Place on well greased baking sheet.
- 6. Bake 350 degrees for 50 to 60 minutes.

BLINTZES CASSEROLE

From: Ethyl Haber

1 package frozen blintzes (cheese or fruit only - can be a combination)

3 eggs

3/8 c. sour cream

4 tsp. orange juice

1/2 tsp. vanilla

4 tsp. sugar

Mix all the ingredients and pour over the blintzes.

Use a baking dish or oven to table low casserole (no cover)

Bake at 350 degrees for 1 hour or more until slightly brown.

Cut into portions and serve with a dollup of sour cream or warm cherry or apple sauce.

(Good for dessert or a dairy meal)

Beef Brisket:

From: Freda Haber and her sister Sylvia Tomkin

1 brisket cut in half

1/2 tsp salt

1/4 tsp ground pepper

2 Tbs. salad oil

4 cans (13 3/4 oz each) beef broth

6 garlic cloves, crushed

3 1/2 lbs small red new potatoes, unpeeled

3/4 lb baby carrots, peeled (or regular cut in thirds)

1 lb small white onions (pearl) peeled

Season both sides of brisket with salt and pepper

In a 6 quart Dutch oven or roasting pan heat oil over high heat.

Sear brisket, fat side down, turn frequently until meat is well browned

Pour off fat. Add beef broth (should cover meat well) and bring to a boil.

Reduce heat Add garlic, Cover, and simmer until tender

(2 - 3 hours)

Skim off fat as necessary. (Can be made ahead, cool, cover, refrigerate in broth up to 24 hours)

Add carrots, potatoes and onions. Cook at low boil until fork tender

(approximately 30 minuties) Turn off heat Remove meat and slice diagonally. Surround with vegetables. Serve with

Remove meat and slice diagonally. Surround with ve bowls of skimmed broth and horseradish sauce.



FRIEDA'S RUGELACH

½ lb. Cottage cheese approximately 2 cups flour (enough to make a workable dough) 1/2 lb. Margarine

3/4 cup chopped walnuts mixed with 1/2 cup sugar

Refrigerate overnight. Roll out dough. Sprinkle with sugar and nut mixture. Cut into triangles and roll up. Bake at 350 degrees for 25 minutes.



RUGELACH

From: Lena Haber

1/2 lb cream cheese

1/2 lb butter

1 Tbsp sour cream

2 cups flour

6 Tbsp sugar

1/2 chopped walnuts.

1 Tbsp cinnamon

1. Mix flour, butter, cream cheese, and sour cream. Make into 6 balls, place in waxed paper and refrigerate overnight. 2. Roll out dough one ball at a time to 1/8 inch thickness on a

floured board.

3. Sprinke mixture of sugar, nuts, cinnamon (Good if you spread apricot jam first) 4. Roll each wedge like a cresent.

5. Bake at 375 degrees on an ungreased cookie sheet. Bake until brown.



Tena Haber "A Woman of Valor"

Grandparents are the backbone of our Heritage and give us the sense of who we are.

About the Cover:

Special thanks to Carl Haber for designing the beautiful watercolor cover which is a result of his skilled hand and creative mind. The cover represents all the phases of Lena's life in Europe and in America.

1894

Lena was born on 8-15-96 in the Village of Yavarifka, Galicia which was then ruled by Austria and later Poland, Russia, and the Ukaraine. She came to the United States in 1912 at the age of 15 accompanied by her older sister Ida. She lived in the lower east side of New York City, married, and then spent 50 years living in Middle Village, Queens, N.Y. Her twilight years were spent in the City of Sunrise, Florida living with Frieda and Archie. The recipes represent the wonderful comfort food that came from Lena's kitchen in Middle Village and all the holidays and memories that we shared there.

Many thanks to all the Matriarchs and Patriarchs who contributed recipes and photos. A very big thank you to Aunt Frieda (Himmelstein) and Ethyl and Ben Haber for keeping the family archives and for their energy, enthusiasm, and assistance in collecting and correcting much of the missing information.

Also gratitude to Francine Highbloom for typing and compiling all the recipes and to Marc Gottlieb for the family tree and technical support!

ABIORNO CHARACTER ACTION CONTROLLER ORIGINAL No. 6918316 TO BE GIVEN TO THE PERSON NATURALIZED CVERTINE AND READER TO THE COLORS (公園(日)) 长河(河(河(河)) 河(河) 河(河) 河(河) 河(河) Petition No. 480536 Tersonal description of holder as of date of naturalization. Date of birth August - 1894 sex Female complexion Fair color of eyes Brown color of hair Brown-Gry height 5 feet 1 included the sex of th dalstatus Widow ; former nationality Russian

Jertify that the description above given is true, and that the photograph affixed hereto, is a likeness of me. Marilal status Leva Holor (Complete and true signature of holder) UNITED STATES OF AMERICA EASTERN DISTRICT OF NEW YORK Beil known that at a term of the _____ The United States ____ d hursuant to lawat------Brooklyn---July 17, 1951 the Court having found that LENA HABER then residing at 78-15 68th Ave. Middle Village, Quens Levol Herber intends to reside permanently in the United States (when so required by the Naturalization Laws of the United States), had in all other respects complied with the applicable provisions of such naturalization laws, and was entitled to be Seal admitted to citizenship thereupon ordered that such person be and the was admitted as a citizen of the United States of Umerica. Intestimony whereof the seal of the court is hereunto affixed this 17th ____intheyear of our Lord nineteen hundred and day of July and of our Independence the one hundred Fifty-One and Seventy-Sixth Jisa violation of the U.S. Code fand punishable as such) to copy; print, photograph; or otherwise illegally use this certificate. --- U. S. District---- Gourt. Hospinmay Deputy Glerk.

